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# Great Western News

## Cleaning for Health

***"Studies indicate that influenza will be responsible for more than 70 million missed workdays and 144 million lost school days this year."***

### Did You Know?

Great Western Supply offers online ordering as well as invoicing and statements via e-mail. Contact the office for more information.

Infectious diseases, such as colds and the flu, are the leading cause of absenteeism both at work and at school. Studies indicate that influenza will be responsible for more than 70 million missed workdays and 144 million lost school days this year. Imagine the impact you can have on this statistic simply by implementing a cleaning for health approach.

Cleaning and disinfecting common touch points, such as doorknobs, light switches, desktops and keyboards, can greatly reduce the spread of germs

among building occupants. It's also helpful to place dispensers or bottles of hand sanitizer near these areas.

Using color-coded equipment can prevent cross-contamination during cleaning. For example, using a red tagged mop helps ensure a mop used in the restroom also isn't used to clean lobbies, classrooms or other office areas.

Get your staff and students involved as well.

Encourage them to wash their hands throughout the

day. Do this by offering quality soap and towel products and by placing hand-washing reminder signage in the restrooms. Maintenance personnel play a key role in protecting the health and safety of students, and employees, as well as the public. Be sure to educate people about how to help reduce the spread of common colds and flu.

For more information on infectious disease prevention contact your Great Western Supply Representative or call (563) 445-6644.

## Germiest Places in the Mall

With the amount of people in malls this time of year, it is no doubt that germs are abundant. Health.com has announced eight of the most common germ hangouts, exposing shoppers to flu viruses, E. coli and staph, among others.

1. Restroom Sinks
2. Food Court Tables
3. Escalator Handrails
4. ATM Keypads
5. Toy Stores
6. Fitting Rooms
7. Gadget Shops
8. Makeup Samples



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